

Knights of Columbus Spiritual Formation Men's Retreat

Theme: Living the Four Pillars of the Knights of Columbus

Date: Saturday, November 8, 2025

Time: 11:00 AM – 4:00 PM

Schedule

11:00 – 12:00 | Lunch & Fellowship

Facilitators: Jim Gibbons and Charlie Davis

- Informal welcome, introductions, and prayer before the meal.
- Time for men to connect personally before sessions begin.

12:00 – 12:20 | Opening & Orientation

Speaker: Father Duc

- Welcome, purpose of the retreat.
- Overview of the Four Pillars.

Pillar One: Charity (12:20 – 1:00)

Introduction: Father Duc | Table Leads facilitate discussion

• Scriptures (NABRE):

- Matthew 25:35–36 — 'For I was hungry and you gave me food...'
- 1 Corinthians 13:1–3 — 'If I speak in human and angelic tongues but do not have love...'
- James 2:14–17 — 'What good is it... if someone says he has faith but does not have works?'
- **Discussion:** How do we, as Knights, live out charity in daily life and parish service?
- **Reflection:** Where is God calling me to be more generous?

Pillar Two: Unity (1:00 – 1:40)

Introduction: Father Duc | Table Leads facilitate discussion

• Scriptures (NABRE):

- John 17:20–23 — 'I pray... that they may all be one...'
- Ephesians 4:1–6 — 'Live in a manner worthy of the call... one Lord, one faith, one baptism...'
- Colossians 3:12–15 — 'Put on then, as God's chosen ones, compassion, kindness...'
- **Discussion:** What does unity look like in our parish, family, and council?

- **Reflection:** What barriers to unity exist in my life, and how can I address them?

1:40 – 1:55 | Break

Pillar Three: Fraternity (1:55 – 2:35)

Introduction: Father Duc | Table Leads facilitate discussion

- **Scriptures (NABRE):**

- Proverbs 27:17 — 'Iron is sharpened by iron; one person sharpens another.'
- 1 Thessalonians 5:11 — 'Encourage one another and build one another up...'
- Galatians 6:2 — 'Bear one another's burdens, and so you will fulfill the law of Christ.'
- **Discussion:** How can brotherhood among Knights strengthen our spiritual lives and community?
- **Reflection:** How am I being called to be a better brother in Christ?

Pillar Four: Patriotism (2:35 – 3:15)

Introduction: Father Duc | Table Leads facilitate discussion

- **Scriptures (NABRE):**

- 1 Peter 2:13–17 — 'Be subject to every human institution for the Lord's sake...'
- Matthew 22:21 — 'Repay to Caesar what belongs to Caesar and to God what belongs to God.'
- **Discussion:** What does faithful citizenship mean for us as Catholic men?
- **Reflection:** How do we live patriotism rooted in faith, truth, and justice?

Group Readout & Sharing (3:15 – 3:45)

Facilitator: Jim Gibbons

- Each table shares one key insight from their discussions.
- Personal testimonies: 'What I learned today...'

Closing Prayer & Sending Forth (3:45 – 4:00)

Facilitator: Charlie Davis

- Final blessing.
- Encouragement to live out the Four Pillars daily.

Scripture Translation: All passages are from the New American Bible, Revised Edition (NABRE), approved for liturgical use in the United States.